

# Saturday Virtual Parent Workshops

The workshops are intended to support parents in such challenging times, where emotions and behaviors range like a rollercoaster! Let's find a space that we can learn what to do, how to do it, and when someone else needs to do it!

Presenters: Social Workers Ms. Sherman & Ms. Herrera

For questions, please contact:

Ms. Sherman [ASherman6@schools.nyc.gov](mailto:ASherman6@schools.nyc.gov) or

Ms. Herrera at [MHerrera15@schools.nyc.gov](mailto:MHerrera15@schools.nyc.gov)



*Planning to attend a Saturday Workshop?*  
Zone 126 will be providing an opportunity to enter to win a GIFT CARD for attending both workshops!



**Workshop Topic:** *Coping During Tough Times*  
**March 20 12:30pm – 2:30pm** Virtual Workshop

**Join Google Meeting:**

<https://meet.google.com/xee-bvsh-sqm>

**Join by Phone:** 1 818-514-9152      **PIN:** 421 993 839#

**Workshop Topic:** *Challenging Behaviors and How to Address Them*

**March 27 at 12:30pm – 2:30pm** Virtual Workshop

**Join Google Meeting:**

<https://meet.google.com/gvc-xpke-qeb>

**Join by Phone:** 1 609-736-2838      **PIN:** 719 114 140#

*Spanish translation will be provided*