

Long Island City High School – Fall Season

PSAL ATHLETICS IS BACK

<u>FALL SEASON</u>		
Girls Bowling – Richard Diaz	rdiaz26@schools.nyc.gov	
Boys Bowling – Donald Neubauer	dneubauer2@schools.nyc.gov	
Cross Country(B,G) – Jose Soto	jsoto7@schools.nyc.gov	
Boys Fencing – Fabiola Balthazar	fbalthazar@schools.nyc.gov	
Varsity Football – Joseph Giardina Asst. -Haris Lekaj	jgiardina22@gmail.com	hlekaj@schools.nyc.gov
Girls Golf – Christopher Dorazi	cdorazi1@schools.nyc.gov	
Girls Soccer – Mark Skorupski	mskorupski@schools.nyc.gov	
Boys Soccer – Fernando Villegas	fvilleg@schools.nyc.gov	
Girls Swimming – Emina Kadrich/Francisco Jimenez	ekadrich@schools.nyc.gov	fjimenez4@schools.nyc.gov
Girls Volleyball – Tristan De Simone	tdesimone@schools.nyc.gov	
Girls JV Volleyball – Thomas Gallino	tgallino@schools.nyc.gov	
Girls Tennis – Stephanie Lanzi	slanzi@schools.nyc.gov	

Please contact the above listed coaches to inquire regarding the dates and location of first practices/ tryout

Some teams start in mid-August (Football, Soccer, Volleyball, Cross Country etc.) Fall Season is until November

In order to tryout and participate all athletes must have a valid Medical and Parental Consent form which can be found here

[PSAL Pre-Participation Physical Exam \(PDF\)](#)

[PSAL Interscholastic Athletics Parental Consent Form \(PDF\)](#)

All athletes must bring their own water/hydration to all practices/tryouts. COVID Safe

All athletes will be required to complete the DOE health screening questionnaire and have temperature checked before any PSAL activity/meeting
healthscreening.schools.nyc (online) / [Health Screening Questionnaire](#) (PDF for offline printing)